



Hello and Happy Autumn from the Counselor's office!

Can you believe Fall is here? The weather is cooling off and our Cypress Cubs are back in the full swing of their school routine. It's been such a pleasure getting to know the kids and teaching the first two lessons from the book, *The 7 Habits of Happy Kids*. There have already been excellent examples of the first lesson, 'Being Proactive' throughout the school. The current lesson, 'Seek First to Understand, Then be Understood', is a great reminder for all students and it's wonderful to see them practicing this lesson on a daily basis.

Has your child earned a Cub 100 ticket yet? I can't even count how many students have received fun prizes for turning in the Cub 100 tickets they've earned for being safe, respectful, and responsible. Every day I see students' excitement to earn these positive incentive tickets. This Friday is our first big party for the 20 grand-prize winners. We will be having a limbo contest, basketball shootout, and root-beer floats to celebrate their great examples. Keep earning those rewards!

Coming SOON- **Red Ribbon Week**! October is Safe Schools Month and we will be showing our support to be bully and drug free during Red Ribbon Week with activities such as dress up days, class poster contests, and skits performed by student volunteers!

Lastly, my 5th grade leadership group has done such an amazing job connecting with their younger 'Cub Buddy'. These 9 leaders have already gone above and beyond for this group and their leadership amazes me every day. After the holiday break, I will be opening the group for 5 additional leaders, so if your child is interested (and many have asked about joining) please remind them what makes a good leader and have them watch for upcoming announcements.

I hope the school year has been great so far for you and your child! Please don't hesitate to contact us if there's something we can do to help your child be the most successful Cub possible!

Mrs. Amy Allen
School Counselor

