

Pasco County Parks and Recreation Department

In conjunction with

All American Youth Activities

Presents:



Self Defense

This course is designed for self-defense purposes only. Emphasis is placed on self-defense, communication, and the appropriate use of skills practiced in class. Classes are taught by certified black belt instructors.

Cheerleading

This course is designed for making friends while learning the fundamentals of cheerleading. Choreographed pom-pom and dance routines will be taught along with jumps, stunts, and other skills required for school tryouts.

Veteran's Memorial Park
14333 Hicks Rd.
Hudson, FL 34669

Self. Def. Classes Begin: Wed. August 29, 2018

Classes run every **WEDNESDAY**

6:00 p.m. - 6:45 p.m. Ages 5, 6 & 7
7:00 p.m. - 7:45 p.m. Ages 8 & Up

Veteran's Memorial Park
14333 Hicks Rd.
Hudson, FL 34669

Cheer Classes Begin: Thurs. August 30, 2018

Classes run every **THURSDAY**

6:00 p.m.—6:45 p.m. Ages 5 & 6
7:00 p.m.—7:45 p.m. Ages 7 thru 9
8:00 p.m.—8:45 p.m. Ages 10 & Up

Dance

Come learn elements of hip hop and jazz to the latest music. Previous dance experience is not necessary. These classes improve movement, coordination, rhythm, timing, and teamwork. Classes are taught in a fun, relaxed, musical atmosphere and will help to prepare students for future dance interests.



Veteran's Memorial Park
14333 Hicks Rd.
Hudson, FL 34669

Dance Classes Begin:
Tues., August 28, 2018

6:00 p.m.—6:45 p.m. Ages 5, 6 & 7
7:00—7:45 p.m. Ages 8 & Up
Classes run every **TUESDAY**



Register online at allamericanyouth.org. There is no registration fee!! classes are \$7.00 per week pay-as-you-go. We can be flexible with your child's time slot. If you miss our starting date or do not receive this flyer in time, you can still register online and begin class the following week. It's never too late to join!! For more information please contact us at 813-885-AAYA(2292) or check our website for a complete listing of our locations with maps: www.AllAmericanYouth.org