

Cypress Elementary Community Tracks

September 2018

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Cypress Elementary School is a learning partnership dedicated to encouraging high achievement and lifelong learners.

But it's Just a Cupcake...Changes in Classroom Celebrations

Foods for school celebrations often include unhealthy choices such as cupcakes, candy, cookies and soda. While there is nothing wrong with an occasional treat, unhealthy foods are often the norm rather than the exception. Parties, food rewards, and food fundraisers, often include foods that are low in nutrients and high in fat, added sugars and sodium. Our School Board's Wellness Policy and [Procedures 8510](#) were recently updated to comply with [USDA Local School Wellness Policy](#) requirements and birthday parties and/or classroom celebration food items must now meet USDA Smart Snack Standards and be prepared in a commercial kitchen. Celebration foods are available to parents to purchase for their child's class through their school cafeteria. [Pasco Smart Snack Celebrations](#). These foods are already Smart Snack approved for ease of access and can be delivered directly to your child's classroom. The [Alliance for a Healthier Generation Smart Food Planner](#) provides a link to Smart Snack compliant products available through Amazon as well as a calculator to check your food labels for compliance. We strongly encourage the use of non-food items for celebrations such as pencils, erasers, stickers, crafts, gardening time, and classroom dance parties to name a few.

We need parent representatives!

A School Advisory Council (SAC) is a link between the school and the local community. It provides for active participation by the various shareholders in the school community in identifying critical student needs and developing goals and plans for meeting those needs. This is a wonderful opportunity to be involved in school decision-making and gain firsthand knowledge about our school's progress and goals. As a parent

SAC
SCHOOL ADVISORY COUNCIL

representative you would serve as a voice for other parents in our community.

Volunteers

Watch the school Facebook Page for upcoming volunteer events!

Cypress PTO

Join our first PTO Meeting September 11th at 4:15PM!

Adopt-A-Class

Thank you to the following for participating in our Adopt-A-Class program! These funds go directly to the teacher for supplies and materials. If you are interested in adopting a teacher, please reach out to our front office.

Jack and Janet Litzel adopted the Art Department.

Business Partners

Phillips Korean Martial Arts, VALIC, Beef 'O' Brady's, Culvers, Riverwalk Publix, Mamma Mia Pizzeria, McDonald's, and Mathnasium. These local businesses provide valuable donations of financial resources, volunteer time, and goods/services. We encourage our families to thank them for being a valuable stakeholder in the community.

September Special Character Trait

ORGANIZATION

is what you do before
you do something so that
when you do it,
it's not all mixed up.

—Christopher Robin

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 No School 	4 Chimes 8:40AM Book Fair 	5 Book Fair  PreK & Kindergarten Open House 6-7PM	6 Chorus 8:40AM Book Fair Open House Grades 1 & 2 5-6PM Grades 3, 4, & 5 6:30-7:30PM Title One Parent Meeting 6-6:30PM	7 Book Fair 	8
9	10 Percussion 8:40AM	11 Chimes 8:40AM PTO Meeting 4:15PM	12	13 Chorus 8:40AM Astro Skate Night 3:45-7:15PM 	14	15
16	17 Percussion 8:40AM Yankee Candle Fundraiser Begins 	18 Chimes 8:40AM School Pictures 	19 	20 Chorus 8:40AM 	21  Health Screenings	22
23	24 Percussion 8:40AM  Dental Bus	25 Chimes 8:40AM Dental Bus Grades 2-5 SAC Meeting 4:15PM	26  Dental Bus Grades 2-5	27 Chorus 8:40AM Dental Bus Grades 2-5 Beef 'O' Brady's Night 4-9PM 	28 	29

Upcoming Events

- Zaxby's Spirit Night October 4th from 5-8PM
- Yankee Candle Orders Due October 5th
- Mathnasium Math Night at Cypress Elementary October 5th
- PTO Meeting October 9th 4:15PM
- No School for Students October 15th
- Fall Festival October 19th from 5-7PM
- Sonny's BBQ Spirit Day October 18th
- Fall Food Drive October 22nd -November 7th
- SAC Meeting October 23rd from 4:15-5:00PM
- Picture Retakes October 30th



We are very happy to see the school year off to such a great start. Starting this month, we will be going into each classroom and having guidance lessons using our Safer, Smarter Kids curriculum. Lessons vary by grade level and teach students about personal safety and positive social interactions. Each time your child's class has a lesson, you will receive a parent letter letting you know what we talked about and how it can be used at home. We will also be discussing our monthly character trait with students in the classroom and will send home activities and tips for teaching these traits at home as well.

We are both ready and willing to help in any way we can and are looking forward to another wonderful year at Cypress!

Mrs. Urbina and Mrs. Johnson
Cypress Elementary School Counselors