



## CYPRESS ELEMENTARY STUDENT SERVICES UPDATE

### HOW CAN I REACH MY STUDENT SERVICES TEAM

- **Jessica Hendrickson (School Psychologist)**  
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- **Kamryn Russell (Social Worker)**  
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- **Audrey Spirakis (Counselor)**  
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- **Chris Thornton (Counselor)**  
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- **Sue "Boo" Grego (School Nurse)**  
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#### MENTAL HEALTH SUPPORT:

[https://www.pasco.k12.fl.us/mental\\_health/page/resources-for-coping-during-covid-19](https://www.pasco.k12.fl.us/mental_health/page/resources-for-coping-during-covid-19)

#### ARE YOU IN NEED OF CRISIS SUPPORT?

- BayCare Mobile Crisis Response Team  
(MRT): Pasco County: 24 hours a day, 7 days  
a week: 727-372-4357
  - National Suicide Prevention  
Lifeline: 24/7 crisis support:  
1-800-273-TALK (8255  
1-800-799-4889 (TTY: hearing and  
speech impaired)
  - Crisis Text Line (free 24/7 crisis  
support)
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